

R. U. Kramer

mindwalking®

Unburdening Your Future

Volume III:
The Philosophy and Practice
of MindWalking

**The responsibility and ethics involved
in MindWalking. Fundamental laws of the mind.**

The principles of unlimited spiritual growth.

How you create your world and uphold it.

Undoing undesirable states of existence.

The mind-body-spirit interaction.

The mechanism of psychosomatics.

Transcendental consciousness.

Unbounded freedom.

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CONTENTS

Fundamentals of MindWalking	11
Humans and their Psyche.	11
Personality Development	15
The Session Guide	17
The MindWalking Session: Not a Therapy	19
Ten Laws of the Mind	27
Scientific Requirements Observed	29
Ethics	37
Spiritual Liberation	45
The MindWalking Principles: How we create our world	49
A Set of Workable Truth	49
Origin: Where we come from.	53
Vocation: What we are there for	69
Consciousness: How big our Mind is	79
Perceiving and Knowing: Omniscience for All . .	99

Intuition: Access to the Highest Level	115
Games: Where Karma comes from.	123
Relationship: We are all great Telepaths.	131
Ethics: How come we can be evil.	151
Serenity: The universal Solution	157
Memory: In the Internet of Spirits	169
Madness: When the Mind is Disturbed	189
Emotions: Up and down the Scale	205
Soul and body: Who looks after our Wellbeing? .	213
Literature References	253