

Ibrahim Elmadfa, Ayoub Al-Jawaldeh, Alexa Meyer

INTERNATIONAL NUTRITION POLICY – THEORY AND IMPLEMENTATION



Each serving (150g) contains

Energy 1046kJ 250kcal	Fat 3.0g	Saturated 1.3g	Sugars 34g	Salt 0.9g
13%	LOW 4%	LOW 7%	HIGH 38%	MED 15%

of an adult's reference intake

Typical values (as sold) per 100g: 697kJ/ 167kcal

International Nutrition Policy- Theory and Implementation

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Table of content

List of figures.....	V
List of tables.....	VII
List of acronyms and abbreviations	IX
Preface.....	XIII
1. Introduction.....	1
2. Concept of nutrition policy	2
2.1. Historical overview of nutrition policies and strategies.....	2
2.2. International nutrition policy.....	4
2.3. The make-up of a nutrition policy.....	5
2.4. Challenges and obstacles in nutrition policy.....	7
3. Recent global nutrition initiatives	9
3.1. Comprehensive Implementation Plan on Maternal, Infant and Young Child Nutrition.....	9
3.2. WHO Global Action Plan for the Prevention and Control of NCDs 2013-2020 12	
3.3. ICN2 and the Rome Declaration	15
3.4. The sustainable development goals.....	17
3.5. United Nations Decade of Action on Nutrition.....	19
4. Diet-related causes of morbidity and mortality.....	25
4.1. Obesity and non-communicable diseases.....	25
4.2. Causes of under-nutrition	26
4.3. Common micronutrient deficiencies: hidden hunger.....	31
5. Working together towards good nutrition and health	37
5.1. Health in all Policies.....	37
5.2. Key partners involved in international nutrition policies.....	41
5.2.1. UN System Standing Committee on Nutrition (UNSCN).....	42

5.2.2.	UN Interagency Taskforce on NCDs (UN IATF)	45
5.2.3.	Global Coordination Mechanism on NCDs	47
5.2.4.	Committee on World Food Security (CFS).....	49
5.2.5.	Scaling Up Nutrition (SUN) Movement.....	50
6.	From theory to practice: implementing nutrition policy	53
6.1.	Translation of nutritional epidemiology findings into dietary guidelines and health policy	53
6.2.	Partnership, resource mobilization and key actors in nutrition.....	58
6.3.	Guiding principles for developing WHO guidelines	60
7.	“Cost effective” nutrition interventions to combat the double burden of malnutrition.....	69
7.1.	The costs of malnutrition and NCDs.....	69
7.2.	Interventions addressing child and maternal malnutrition	70
7.2.1.	Nutrition of women of child-bearing age and during pregnancy and lactation	72
7.2.2.	Promotion of breastfeeding and limiting the marketing of breast-milk substitutes	82
7.2.3.	Food marketing and advertising to children.....	91
7.3.	The Food Systems Approach to ensuring sustainable food and nutrition security.....	99
7.3.1.	The concept of food system.....	99
7.3.2.	Sustainable food systems to improve food security and support development	102
7.3.3.	A food systems approach to make diets healthier and fight NCDs.....	104
7.4.	Diet-related NCD interventions	106
7.4.1.	Limiting the intake of salt, saturated and trans fatty acids and sugars....	106

7.4.2. Consumer education and information: Front-of-package labelling as an effective way to healthier nutrition	123
7.5. Coping with micronutrient deficiencies: Flour fortification, supplementation, safety considerations	130
7.5.1. Background and principles of food fortification	130
7.5.2. Current situation of food fortification	132
7.5.3. Effectiveness of food fortification.....	139
7.5.4. Safety aspects	141
7.5.5. Monitoring and evaluation.....	144
7.5.6. Challenges and obstacles to food fortification and how to address them 146	
8. Nutrition in emergencies	149
8.1. Emergencies and their impact on food and nutrition security.....	149
8.2. Global commitment to nutrition in emergencies.....	154
8.3. The UN's role in emergencies.....	154
8.3.1. The Humanitarian Reform.....	155
8.3.2. The Transformative Agenda.....	160
8.3.3. The World Humanitarian Summit.....	162
8.4. The role of the WHO in emergencies.....	163
8.5. Interventions to address acute malnutrition	170
8.6. Infant and young children feeding in emergencies	172
References	177