This volume contains the chronological publication of seven inaugural lectures that were given on the occasions of the acceptance of the Endowed Chairs, established by KSGV at several universities in the Netherlands and Flanders. All the Chairs have the domain of religion/worldview and mental health as their main concern. These academic lectures reflect the issues, related to mental health, that were and are fostered by KSGV and its precursors. The first lecture was given in 1996 by Marinus van Uden, who had already started his work in 1994. The most recent lecture was given by Peter Verhagen, in 2022. Hence, these lectures cover a period of almost 30 years.

Establishing Endowed Chairs on behalf of KSGV has contributed to the development of an ‘academic infrastructure’ for the study of mental health, religion, spirituality, and meaning making, at five universities (Tilburg, Groningen, Utrecht, Leuven, and Nijmegen), in five disciplines (psychology, theology, sociology, psychiatry, and philosophy). In this way, this journey of academic establishments time and again reaches a next stop on ‘the long and winding road’ of religion and mental health.

Prof Dr Marinus H.F. van Uden is a licensed clinical psychologist and psychotherapist. He worked as a professor in Clinical Psychology of Religion at Tilburg University, the Netherlands.

Prof Dr Peter J. Verhagen is a psychiatrist and group psychotherapist. He works as a professor of Religion and Mental Health with emphasis on Spirituality and Psychiatry at the KU Leuven, Belgium.
The Long and Winding Road

Religion and Mental Health through the Years
International Series in Mental Health and Religion

5

Edited by

Prof Dr Marinus H.F. van Uden

Consulting Editors

Prof Dr Arjan Braam, University of Humanistic Studies, Utrecht
Prof Dr Jozef Corveleyn, Catholic University, Leuven
Prof Dr Gerrit Glas, Free University Amsterdam
Prof Dr James W. Jones, Rutgers University, New Brunswick, NJ
Prof Dr Sebastian Murken, University Marburg
Prof Dr Hetty Zock, University of Groningen
International Series in Mental Health and Religion

published in collaboration with

KSGV

KSGV is an independent Dutch association that aims to explore the relationships between faith/religion/meaning and mental health.

To this end, KSGV endeavors to inspire a scientific investigation of and reflection on current religious issues in mental healthcare and in society. It pursues a critical discernment regarding a mentally healthy approach of religion and meaningmaking.

KSGV issues publications since 1952.

www.ksgv.nl
## Contents

Acknowledgements ix

Introduction 1
*M.H.F. van Uden & P.J. Verhagen*

*Chapter 1*
Between meaningmaking and finding meaning 11
En route in the clinical psychology of religion
*M.H.F. van Uden*

*Chapter 2*
Not of this world? 41
Spiritual care and meaningmaking from the perspective of the psychology of religion
*T.H. Zock*

*Chapter 3*
Worldview and psychiatry: 73
Christ delusion or cross-tabulation?
*A.J. Braam*

*Chapter 4*
At home in the cosmos 101
Meaningmaking in the participation society
*J.Z.T. Pieper*

*Chapter 5*
Pleasure and discontents 125
About psychoanalysis, mysticism, subjectivity and psychopathology
*H. Westerink*
Chapter 6
Questions of life
A sociology of the care of souls
C.N. de Groot

Chapter 7
The soul is on air; love is her weight
P.J. Verhagen

About the authors
Acknowledgements

For the realization of this volume, support was needed. We would like to thank the KSGV, an independent Dutch association for the scientific exploration of the relationships between religion and mental health, for sponsoring this project.

We also want to thank Drs Ad van Heeswijk, C.Psychol., Clinical Psychologist and Psychotherapist, Earl Mountbatten Hospice, Newport, Isle of Wight, Great Britain, for his help in translating the texts included in this volume.

The texts have all been published earlier in Dutch and have been slightly adapted for this edition in English.


Chapter 5: H. Westerink (2017). Lust en onbehagen: Over psychoanalyse, mystiek, subjectiviteit en psychopathologie [Pleasure and
discontents: About psychoanalysis, mysticism, subjectivity and psychopathology]. Amsterdam: Uitgeverij Sijbbolet.


Chapter 7: P.J Verhagen (2022). *De ziel is in de lucht; liefde is haar gewicht* [The soul is on air; love is her weight]. Tilburg: KSGV.